

NURS 2025 MIDWIFERY PROFESSIONAL PRACTICE 3

Credit Points 10

Legacy Code 401221

Coordinator Kye Porritt ([https://directory.westernsydney.edu.au/search/name/Kye Porritt/](https://directory.westernsydney.edu.au/search/name/Kye%20Porritt/))

Description In this unit students will learn the necessary midwifery skills for the provision of woman centred post birth care. In a simulated practice environment students will gain practical skills to provide midwifery care to both the woman and her baby up until six weeks postpartum. The importance of effective communication and documentation will also be reinforced. This unit will also include blocks of practical experience in designated clinical areas and the provision of continuity of care.

School Nursing & Midwifery

Discipline Midwifery

Student Contribution Band HECS Band 1 10cp

Check your HECS Band contribution amount via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Undergraduate Level 2 subject

Pre-requisite(s) NURS 1013 AND NURS 1004

Co-requisite(s) NURS 2022

Equivalent Subjects NURS 2023 Midwifery Practice Experience 3

Restrictions Students must be enrolled in 4684 Bachelor of Midwifery.

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Provide evidence based woman centred care during the postnatal period including routine postnatal screening tests and correct documentation.
2. Communicate infant feeding support appropriately.
3. Undertake postnatal assessments of well women including planning and performing a discharge.
4. Undertake comprehensive assessments and provide safe care of the newborn and document the findings.
5. Discuss a variety of options for optimal breastfeeding positioning and attachment, and for supporting women experiencing difficulties with breastfeeding.
6. Perform and demonstrate to others the safe preparation of, and feeding of, artificial formula.
7. Demonstrate principles of safe medication administration and perform IM and SC injections.
8. Manage and monitor the use of IV infusions.
9. Provide appropriate postoperative care in the maternity context.
10. Fulfil professional midwifery practice requirements including continuity of care.

Subject Content

1. Appropriate communication
 - woman led

- Attentive listening
- open ended questioning
- suggestions and options
- strengths based feedback
- Communications skills for completing The professional Midwifery relationship
- 2. Professional practice requirements
 - documentation in accordance with professional and Legislative requirements
 - policy and procedure guidelines
 - informed consent
 - Privacy Issues
 - Confidentiality
 - infection control
 - medication calculations
- 3. Midwifery Practice (Postbirth)
 - A. Day 0-6 Maternal postnatal assessment
 - using open and respectful communication
 - provide An opportunity for The woman to discuss her birth experience
 - Assess; the womans emotional needs, comfort, involution, blood loss, wound integrity (if applicable), nutritional intake and hydration, elimination, breasts and breastfeeding, infant feeding support needs, including safe preparation of formula when nec
 - care of The woman Pre and post operatively
 - pressure bandages/ removal of sutures/staples
 - Urinary catheterisation
 - promote and support hygiene needs
 - Administer Intramuscular and subcutaneous injections
 - blood glucose testing
 - commencement and maintenance of IV therapy
 - fluid Balance
 - include and involve The womans significant others
 - B. Day 0-6 newborn postnatal assessment
 - using open respectful communication with The family assess newborn: colour- Jaundice, temperature, respirations, heart rate and heart sounds, saturations, hydration, elimination, sleep/wake cycle
 - C. Collection of Newborn screening test
 - blood glucose Monitoring in The neonate
 - IMI and SC injections for newborns, including Calculation of dose
 - D. Week 1-6 Postnatal assessment mother and infant
 - All of the above plus; maternal adjustment, infant growth and weight gain, infant developmental milestones, parental concerns
- 4. Education, discharge and referral
 - Safe infant care- bathing, nappy changing, SIDs information
 - breastfeeding challenges- eg. nipple pain, The use of nipple shields and/ or breastmilk expression (as appropriate)
 - concerns about infant growth
 - infant settling and sleeping
 - information regarding formal and informal support options (community, peer and health professional options)
 - Discharge Assessment - Woman; comprehensive physical assessment, assessment of ongoing support needs, evidence based information regarding contraceptive options, consideration of domestic violence screening tool, perinatal mental health

Special Requirements

Legislative pre-requisites

Special Requirements - NSW Health Legislative Prerequisites

Student Compliance Information for all Health-Related Placements

Prior to enrolling in this subject, students must have submitted a Student Undertaking Form and undertake to apply for a National Police Check, which is required to be submitted before placement, and a

Working with Children Check Student Declaration. Use the link to the Special Requirements webpage below for more information.

To be eligible to enrol in this subject and complete any required health-related placements or experiences, students must meet Western Sydney University program requirements as well as any special, legislated, or policy-mandated requirements.

Western Program Requirements

Visit the Special Requirements webpage for details about your program.

Special Requirements (https://www.westernsydney.edu.au/currentstudents/current_students/enrolment/special_requirements/)

Mandatory NSW Health student placement policy requirements

To be able to undertake placement in any NSW Health facility you must be assessed as compliant with NSW Health student placement policy in the first year of your program, regardless of when you expect to go on your first placement. Access and read the NSW Student Compliance Information Booklet.

NSW Student Compliance Information Booklet (https://issuu.com/uwspublications/docs/wsu_student_compliance_booklet_2020_v6/)

Please ensure that you

1. Find your existing National Police Check or apply for one
2. Gather documentary evidence of your vaccination history
3. Print and complete all relevant NSW Health forms relevant to the campus you are enrolled at or online enrolment requirements
4. Follow booklet instructions on how to have your compliance documents assessed by NSW health staff.

International students have additional requirements; the link to the booklet will inform you of these requirements.

School Requirements

Contact your School for further details regarding your School's requirements, if any, such as

- If you live outside of NSW or Australia and need to meet your state, territory or country's compliance requirements
- If you need to meet different state, territory or country compliance requirements.
- NSW Working with Children Check (WWCC) or other state equivalent, valid for your entire program.
- Current approved first aid certificate valid for your entire program - approved program providers can be found at the Government Training website
- <http://training.gov.au> (<http://training.gov.au/>)
- Other non-health related requirements.

Student Compliance Resources are also available on the Placements Hub web page (NSW students only)

https://www.westernsydney.edu.au/learning_futures/home/placements_hub/placements_hub/student_compliance (https://www.westernsydney.edu.au/learning_futures/home/placements_hub/placements_hub/student_compliance/)

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

| Item | Length | Percent | Threshold | Individual/Group Task |
|------------------------------------|---|---------|-----------|-----------------------|
| Professional Placement Performance | 45 minutes | S/ U | Y | Individual |
| Participation | 100% attendance, online modules weekly, in class maths quiz 30 minutes duration | S/ U | N | Individual |
| Simulation | 30 minutes | S/ U | Y | Individual |
| Participation | Duration: 100% Attendance, 224 Practicum Hours and 15 Continuity of Care hours. | S/ U | Y | Individual |
| Log/ Workbook | | S/ U | Y | Individual |

Teaching Periods

1st Half

Parramatta - Victoria Rd

Day

Subject Contact Kye Porritt ([https://directory.westernsydney.edu.au/search/name/Kye Porritt/](https://directory.westernsydney.edu.au/search/name/Kye%20Porritt/))

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=NURS2025_22-1H_PS_D#subjects)