

# NURS 2022 MIDWIFERY KNOWLEDGE 3

**Credit Points** 10

**Legacy Code** 401034

**Coordinator** Elaine Burns ([https://directory.westernsydney.edu.au/search/name/Elaine Burns/](https://directory.westernsydney.edu.au/search/name/Elaine%20Burns/))

**Description** This unit provides students with the midwifery knowledge related to the postnatal period. It will focus on maternal postnatal and newborn care including infant feeding, bonding and attachment. Breastfeeding is a core maternity indicator and is a focus for improving public health. Midwifery skills and knowledge to assist women in the preparation, initiation and establishment of breastfeeding will be examined as well as the historical and social contexts of infant feeding and challenges that this and other problems may pose for women. The midwives role in supporting women who are breastfeeding is addressed including the need to offer consistent evidence-based information.

**School** Nursing & Midwifery

**Discipline** Midwifery

**Student Contribution Band** HECS Band 1 10cp

Check your HECS Band contribution amount via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 2 subject

**Pre-requisite(s)** NURS 1010

**Co-requisite(s)** NURS 2025

**Restrictions** Students must be enrolled in 4684 Bachelor of Midwifery.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Discuss the role of the midwife in the provision of care to the woman, her baby and family during the first four to six postnatal weeks using a Primary Health Care framework.
2. Discuss the role of the midwife in supporting the transition to parenthood including social, emotional and mental health.
3. Analyse the basic needs and assessment of the newborn including nutritional requirements and growth and development during their first six weeks of life.
4. Describe the evidence for breastfeeding and the role of the midwife in supporting the woman to breastfeed.
5. Discuss the role of the midwife in supporting women who are experiencing challenges breastfeeding and women who are not breastfeeding.
6. Critically analyse the historical and social contexts of infant feeding and reflect on the challenges that this and other problems pose for women and midwives.
7. Discuss the history and current programme of immunisation for infants and options for informed choices.
8. Examine cultural practices related to the postpartum period.

## Subject Content

1. Midwifery care and the Postnatal Well Woman
  - Understanding The transition to parenthood for both mothers and fathers

- supporting The social, emotional and mental health needs of The mother transitioning to motherhood
- Postnatal care in A primary health care framework
- cultural practices in The Postnatal period
- Sociocultural history of breastfeeding
- supporting women who are breastfeeding
- Benefits of breastfeeding
- Nutritional requirements for breastfeeding
- communication around infant feeding
- common challenges related to breastfeeding
- supporting women experiencing challenges including expressing breastmilk
- supporting women who are not breastfeeding
- common medications used in The Postnatal period especially in relation to breastfeeding
- newborn growth and development and Nutritional requirements
- newborn Screening tests eg SWISH NBST
- newborn needs including Maternal/infant attachment
- Fertility and family planning
- Immunisation program and informed decision making
- providing culturally Safe maternity care for Aboriginal and Torres Strait Islander women in Urban, rural and Remote settings
- Working in partnership and concluding The professional relationship
- family adaptation support services and networks including transition of care to child and family health services
- Safe sleeping
- current controversial Topics in The Postnatal period

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/ Group Task
Essay	1,500 words	50	N	Individual
Final Exam	2 hours	50	N	Individual

Teaching Periods

## Autumn

### Parramatta - Victoria Rd

#### Day

**Subject Contact** Elaine Burns ([https://directory.westernsydney.edu.au/search/name/Elaine Burns/](https://directory.westernsydney.edu.au/search/name/Elaine%20Burns/))

View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=NURS2022\\_22-AUT\\_PS\\_D#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=NURS2022_22-AUT_PS_D#subjects))