

HLTH 2023 INTRODUCTION TO PHYSICAL CULTURAL STUDIES

Credit Points 10

Legacy Code 401413

Coordinator Nicki Taylor ([https://directory.westernsydney.edu.au/search/name/Nicki Taylor/](https://directory.westernsydney.edu.au/search/name/Nicki%20Taylor/))

Description From 2020 this unit replaces 401239 - Introduction to Physical Cultural Studies. The unit explores the interconnection between physical movement, culture, and society. Students will investigate the relationships among physical culture in its various forms (including health, physical activity, sport, dance, leisure, and movement related practices) and broader contexts (pedagogical, social, cultural, political, economic, and technological). The unit will equip students with knowledge and skills in becoming active, reflective and critical learners in physical culture thereby enacting meaningful changes in sites of inequality.

School Health Sciences

Discipline Human Movement

Student Contribution Band HECS Band 4 10cp

Check your HECS Band contribution amount via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Undergraduate Level 2 subject

Equivalent Subjects PUBH 1005 - Foundations of Wellbeing PUBH 2014 - Introduction to Physical Cultural Studies

Restrictions Students must be enrolled in 4659 Bachelor of Health Science (PDHPE), 4747 Bachelor of Health Science (HPE) or 6001 Diploma in Health Science/Bachelor of Health Science (Health and Physical Education)

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Explain key tenets, methods and topics in physical cultural studies
2. Examine new ways of thinking about bodies, subjectivities and physical cultures
3. Identify sources of inequality in a range of physical cultural sites and address them to enable meaningful changes
4. Analyse problems regarding questions of gender, sexuality, class, ethnicity and subjectivity in relation to physical culture in the contemporary world

Subject Content

1. Introduction to physical cultural studies
2. Thinking like a sociocultural theorist
3. Historical development in sport
4. Cultural reproduction and taste in physical culture
5. Cultures and bodies in physical culture
6. Identity and difference
7. Gender and sexuality
8. Globalisation and postcolonialism
9. Consumer and Consumption in sport
10. Cultural diversity in physical activity

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/Group Task
5 Quizzes	10 minutes	30	N	Individual
Group Presentation	10 minutes	20	N	Group
Applied Project	2,500 words	50	N	Individual

Teaching Periods

Spring Penrith (Kingswood) Day

Subject Contact Nicki Taylor ([https://directory.westernsydney.edu.au/search/name/Nicki Taylor/](https://directory.westernsydney.edu.au/search/name/Nicki%20Taylor/))

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=HLTH2023_22-SPR_KW_D#subjects)