

CMPL 7021 SPECIALITIES IN TRADITIONAL CHINESE MEDICINE 1 (PG)

Credit Points 10

Legacy Code 400919

Coordinator Xiaoshu Zhu ([https://directory.westernsydney.edu.au/search/name/Xiaoshu Zhu/](https://directory.westernsydney.edu.au/search/name/Xiaoshu%20Zhu/))

Description This unit provides learning experiences that enable the health professional to analyse, diagnose and treat common gynaecological diseases and musculoskeletal conditions using a TCM approach with acupuncture and Chinese herbal medicine. Students will develop a good understanding of the causes and pathophysiological mechanisms of common gynaecological diseases and musculoskeletal conditions.

School Health Sciences

Discipline Traditional Chinese Medicine

Student Contribution Band HECS Band 2 10cp

Level Postgraduate Coursework Level 7 subject

Co-requisite(s) CMPL 7003

Incompatible Subjects LGYA 7248 - Specialities in Traditional Chinese Medicine

Learning Outcomes

On successful completion of this subject, students should be able to:

1. Discuss the unique features of women's physiology and pathology in relation to the pathogenesis and diagnosis of gynaecological diseases.
2. Explain the causes and patho-physiological mechanisms of common gynaecological

Subject Content

1. Introduction to Orthopaedics (including Traumatology & Rheumatology)
 - physical Examination
 - principles of treatment and therapies
 - methods of management
2. Injury of muscle, tendon and bone
 - Stiff Neck/Cervical soft tissue sprain
 - Cervical spondylopathy
 - scapulohumeral periarthritis
 - carpal tunnel syndrome
 - Acute lumbar muscle sprain
 - prolapse of lumbar intervertebral disc
 - Sciatica
 - post surgical management, scar treatment
3. Sport medicine
 - injury treatment and management (injuries to ligaments, tendons, muscle and bone ? knee, elbow, shoulder, wrist, thigh, calf, ankle, Neck, low back)
 - performance enhancement
4. Introduction to gynaecology
 - special features of women's physiology (TCM & WM)
 - aetiology, Diagnosis and therapeutic methods
 - A synopsis of gynaecological pathology

5. Disorders of menstruation
 - early menstruation
 - delayed menstruation
 - irregular menstruation
 - amenorrhoea
 - abnormal Functional uterine bleeding
 - premenstrual syndrome
 - menopausal syndrome
6. Disorders of the female genitalia
 - abnormal vaginal discharge
 - breast lumps: Fibrocystic diseases, fibroadenoma, nodules, mastitis
7. Di

Teaching Periods