

# CMPL 7015 MENTAL AND NEUROLOGICAL DISORDERS AND CHINESE MEDICINE

**Credit Points** 10

**Legacy Code** 401135

**Coordinator** Yu-Ting Sun ([https://directory.westernsydney.edu.au/search/name/Yu-Ting Sun/](https://directory.westernsydney.edu.au/search/name/Yu-Ting%20Sun/))

**Description** This unit will enable practitioners to extend their understanding of Chinese Medicine management of a range of mental health conditions and neurological disorders. The clinical focus is on the Chinese Medicine diagnosis and management of these disorders and integration with the orthodox biomedical approaches to disorders that are common in the community. Chinese Medicine treatment will focus on acupuncture and Chinese herbal medicine treatments. Students will learn to apply Chinese Medicine’s unique understanding and contribution to the rehabilitation of those who have suffered from disabling psychological/psychiatric and neurological diseases.

**School** Health Sciences

**Discipline** Traditional Chinese Medicine

**Student Contribution Band** HECS Band 2 10cp

**Level** Postgraduate Coursework Level 7 subject

**Incompatible Subjects** NATS 7036 - Mental Health in Chinese Medicine  
NATS 7038 - Neurological Disorders in Chinese Medicine

**Restrictions**

Students must be enrolled in 4716 Master of Chinese Medicine, 4717 Graduate Diploma of Chinese Medicine, 4675 Masters of Health Science (Traditional Chinese Medicine), or 4678 Master of Health Science (Acupuncture)

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Evaluate the strengths and weaknesses of Chinese medicine practice approaches to mental health and neurological disorders
2. Evaluate the application and relative efficacy of different TCM theories used to guide Chinese medicine diagnosis and practice for mental health and neurological disorders
3. Apply the use of different acupuncture and herbal strategies for approaching mental health & neurological cases
4. Analyse the evidence and research from Chinese medicine practice in relation to mental health and neurological disorders
5. Formulate acupuncture and herbal prescriptions for application in mental health and neurological conditions

## Subject Content

1. Chinese Medicine understandings of mental health and neurological disorders
2. Strengths and limitations of acupuncture, Chinese herbal medicine and other TCM treatments for mental health and neurological conditions
3. Psychiatric and psychological: approaches to mental health conditions and the place of Chinese medicine interventions in this field
4. Neurological assessments

5. Effects and side effects of common western medications used to treat neurological and mental health conditions
6. Classical TCM thinking about psychology and emotions: the concept of Shen and role of the Heart and other zang-fu organs, blood and qi
7. Chinese medicine and biomedical/ psychological nosology, epidemiology, aetiology, diagnosis and management of common mental health & neurological conditions:
  - Depression: mild Depression, clinical Depression, Bi-polar Depression
  - anxiety
  - mood disorders, including attention Deficit hyperactivity Disorder (ADHD) and post-Traumatic stress Disorder (PTSD)
  - drug and alcohol dependence
  - sleep disorders
  - dementia
  - peripheral facial Paralysis (Bell’s palsy)
  - Headache and migraine
  - Epilepsy
  - Cerebrovascular accidents and post-Stroke sequelae
  - Trigeminal neuralgia
  - Meniere’s disease
  - Parkinson’s disease
  - motor Neuron disease
  - multiple Sclerosis

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/ Group Task
In-class test and demonstration	20 minutes	15	N	Individual
Completion of 1 case study	2000 words	35	N	Individual
Completion of a written assignment	2000 words	35	N	Individual
Participate online through vUWS in critical discussion and appraisal of fellow students written assignment through vUWS	Minimum of 6 online posts with substantial content to fellow students in relation to online discussion topics	15	N	Individual

Teaching Periods