# CMPL 4005 SPECIALITIES IN TRADITIONAL CHINESE MEDICINE 1

**Credit Points** 10

Legacy Code 401099

Coordinator Xiaoshu Zhu (https://directory.westernsydney.edu.au/search/name/Xiaoshu Zhu/)

Description This unit provides learning experiences that enable the health professional to analyse, diagnose and treat common gynaecological diseases and musculoskeletal conditions using a Traditional Chinese Medicine (TCM) approach with acupuncture and Chinese herbal medicine. Students will develop a good understanding of the causes and pathophysiological mechanisms of common gynaecological diseases and musculoskeletal conditions.

School Health Sciences

**Discipline** Traditional Chinese Medicine

Student Contribution Band HECS Band 2 10cp

Check your HECS Band contribution amount via the Fees (https://www.westernsydney.edu.au/currentstudents/current\_students/fees/) page.

Level Undergraduate Level 4 subject

Pre-requisite(s) CMPL 2006 AND CMPL 3001 AND CMPL 3002

Incompatible Subjects CMPL 7021 - Specialties in Traditional Chinese Medicine Practice 1 (PG) LGYA 7248 - Specialties in Traditional Chinese Medicine 1

**Restrictions** Students must be enrolled in 4710 - Bachelor of Traditional Chinese Medicine

## **Learning Outcomes**

On successful completion of this subject, students should be able to:

- Explain the unique features of women fs physiology and pathology in relation to the pathogenesis and diagnosis of gynaecological diseases.
- 2. Explain the causes and patho

## **Subject Content**

- 1. Introduction to Orthopaedics (including Traumatology & Rheumatology)
- physical Examination
- principles of treatment and therapies
- methods of management
- 2. Injury of muscle, tendon and bone
- Stiff Neck/Cervical soft tissue sprain
- Cervical spondylopathy
- scapulohumeral periarthritis
- carpal tunnel syndrome
- Acute lumber muscle sprain
- prolapse of lumbar intervertebral disc
- Sciatica
- post surgical management, scar treatment
- 3. Sport medicine

- injury treatment and management (injuries to ligaments, tendons, muscle and bone? knee, elbow, shoulder, wrist, thigh, calf, ankle, Neck, low back)
- performance enhancement
- 4. Introduction to gynaecology
- special features of women?fs physiology (TCM & WM)
- aetiology, Diagnosis and therapeutic methods
- A synopsis of gynaecological pathology
- 5. Disorders of menstruation
- early menstruation
- delayed menstruation
- irregular menstruation
- amenorrhoea
- abnormal Functional uterine bleeding
- premenstrual syndrome
- menopausal syndrome
- 6. Disorders of the female genitalia
- abno

#### Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/ Group Task
Case Study	1,500 words	25	N	Individual
Essay	1,500 words	25	N	Individual
Final Fxam	2 hours	50	N	Individual

**Teaching Periods** 

### **Autumn**

#### Campbelltown

#### Day

Subject Contact Xiaoshu Zhu (https://directory.westernsydney.edu.au/search/name/Xiaoshu Zhu/)

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject\_code=CMPL4005\_22-AUT\_CA\_D#subjects)