CMPL 3001 ACUPUNCTURE TECHNIQUES

Credit Points 10

Legacy Code 400873

Coordinator Shengxi (George) Zhang (https://directory.westernsydney.edu.au/search/name/Shengxi (George) Zhang/)

Description This unit consolidates and extends students' knowledge of acupuncture theory and practice, and provides further opportunity to develop practical skills. Students are introduced to the theory of point combinations and the development of acupuncture prescriptions and treatment plans. Practical sessions include obtaining Qi (De Qi), promoting Qi techniques, tonifying and reducing needling techniques, moxibustion, cupping, Gua Sha, Tuina, intradermal/cutaneous needling, scalp acupuncture, auricular acupuncture, wrist/ankle acupuncture, electroacupuncture and laser acupuncture. This unit also expands upon the student's understanding of the theory and practice principles of traditional Chinese medicine.

School Health Sciences

Discipline Acupuncture

Student Contribution Band HECS Band 2 10cp

Check your HECS Band contribution amount via the Fees (https://www.westernsydney.edu.au/currentstudents/current_students/fees/) page.

Level Undergraduate Level 3 subject

Pre-requisite(s) CMPL 2003 AND CMPL 2006

Equivalent Subjects CMPL 2001 - Acupuncture 2

Restrictions Students must be enrolled in 4660 Bachelor of Health Science-Master of Traditional Chinese Medicine or 4710 Bachelor of Traditional Chinese Medicine.

Learning Outcomes

On successful completion of this subject, students should be able to:
1. Formulate acupuncture prescriptions for specific indications.
2. Competently apply knowledge and safe practice of manipulation techniques of acupuncture, moxibustion, cupping and related other techniques/adjunct therapies.

Subject Content

1. Basic therapeutics of acupuncture
- introduction to acupuncture techniques
- managing shen and retaining QI
2. Practical skills of acupuncture
- QI sensation
- Safe insertion of filiform needles to different directions and depths with relevance to function (including needling difficult points, different gauges and lengths, Connecting points)
- Basic needle manipulations
- Reinforcing and reducing methods
3. Moxibustion, cupping and Gua Sha
- functions and Indications of moxibustion, cupping and Gua Sha
- contraindications and cautions of moxibustion, cupping and Gua Sha
- management of accidents Resulting from moxibustion, cupping and Gua Sha
- clinical skills for practicing moxibustion, cupping and Gua Sha
4. Acupuncture prescription
- principles of Point selection and combination
- methods of Point selection and combination
5. Intrademal/cutaneous needling and bloodletting
6. Scalp acupuncture
7. Auricular acupuncture
8. Wrist/ankle acupuncture
9. Electroacupuncture
10. Laser acupuncture
11. Introduction to Tuina

Special Requirements

Legislative pre-requisites

Prior to enrolling in this subject, students must have submitted a Student Undertaking Form and undertake to apply for a National Police Check, which is required to be submitted before placement. Students must also hold a valid and current First Aid Certificate from a Registered Training Organisation. Refer to the Special Requirements website for more information.
Special Requirements (https://www.westernsydney.edu.au/currentstudents/current_students/enrolment/special_requirements/)

Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/Group Task
Practical Exam	60 minutes	35	Y	Individual
Practical Exam	20 minutes	20	Y	Individual
Final Exam	2 hours written exam	45	N	Individual

Prescribed Texts

- Deadman, P., Mazin, Al-K., (2007). A Manual of Acupuncture, 2nd Edition. London: Journal of Chinese Medicine Publications.

Teaching Periods

Autumn

Campbelltown

Day

Subject Contact Shengxi (George) Zhang (https://directory.westernsydney.edu.au/search/name/Shengxi (George) Zhang/)

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=CMPL3001_22-AUT_CA_D#subjects)