

# CMPL 2004 CHINESE MATERIA MEDICA 1

**Credit Points** 10

**Legacy Code** 400876

**Coordinator** Yu-Ting Sun ([https://directory.westernsydney.edu.au/search/name/Yu-Ting Sun/](https://directory.westernsydney.edu.au/search/name/Yu-Ting%20Sun/))

**Description** Herbal medicine is one of the principal therapeutic interventions in Traditional Chinese Medicine. This unit introduces students to the therapeutic and reference organisation of Chinese medicinal herbs, and enables students to commence using the materia medica. It covers the commonly used herbs in each of the six categories of the Chinese materia medica, including the herbal properties, actions, indications, contraindications, combined usage as well as herbal dispensing. This unit also expands upon the student's understanding of TCM theory and practice principles. This unit includes mandatory clinical placement

**School** Health Sciences

**Discipline** Traditional Chinese Medicine

**Student Contribution Band** HECS Band 2 10cp

Check your HECS Band contribution amount via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 2 subject

**Pre-requisite(s)** CMPL 1002

**Co-requisite(s)** CMPL 2006

**Equivalent Subjects** LGYA 7239 - Chinese Herbal Medicine 1

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Apply the basic traditional Chinese herbal medicine theory and practice;
2. Analyse the properties, functions and contraindications of each of the major individual herbs in the six herb categories.
3. Evaluate the interactions of herbs including synergism and antagonisms in the context of Chinese medicine theory.
4. Differentiate the range of commonly used Chinese herbs in each category.

## Subject Content

1. Introduction to Chinese materia medica
2. Herbal properties
  - four natures
  - Five flavours
  - four tendencies
  - Attributive meridians
  - combination of The herbs
  - contraindications of The herbs
3. Naming and classification of Chinese herbs
4. Individual herbs (including commonly used combinations)
  - herbs for relieving The exterior
  - herbs for clearing heat
  - herbs for removing dampness
  - herbs for regulating Qi
  - herbs for moving blood

- Tonifying herbs

## Special Requirements

Legislative pre-requisites

Prior to enrolling in this subject, students must have submitted a Student Undertaking Form and undertake to apply for a National Police Check, which is required to be submitted before placement. Students must also hold a valid and current First Aid Certificate from a Registered Training Organisation. Refer to the Special Requirements website for more information.

Special Requirements ([https://www.westernsydney.edu.au/currentstudents/current\\_students/enrolment/special\\_requirements/](https://www.westernsydney.edu.au/currentstudents/current_students/enrolment/special_requirements/))

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/Group Task
Practical	40 mins	25	N	Individual
Essay	1,500 words	25	N	Individual
Final Exam	2 hours	50	N	Individual
Professional Placement Performance	online simulated clinical discussions	S/U	Y	Individual

Prescribed Texts

- Yu, C., (2000). A Clinical Guide to Chinese herbs and Formulae. Melbourne: Churchill Livingstone.
- Bensky, D., Clavey, S., Stoger, E., (2004). Chinese Herbal Medicine: Materia Medica, (3rd ed) Seattle: Eastland Press.

Teaching Periods

## Autumn Campbelltown Day

**Subject Contact** Yu-Ting Sun ([https://directory.westernsydney.edu.au/search/name/Yu-Ting Sun/](https://directory.westernsydney.edu.au/search/name/Yu-Ting%20Sun/))

View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=CMPL2004\\_22-AUT\\_CA\\_D#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=CMPL2004_22-AUT_CA_D#subjects))