

# BEHV 4005 THEORY AND PRACTICE OF PSYCHOLOGICAL ASSESSMENT AND INTERVENTION

**Credit Points** 10

**Legacy Code** 101420

**Coordinator** Quincy Wong ([https://directory.westernsydney.edu.au/search/name/Quincy Wong/](https://directory.westernsydney.edu.au/search/name/Quincy%20Wong/))

**Description** This unit has been designed to introduce students to psychological assessment by providing practical and theoretical input regarding the administration, scoring, and interpretation of frequently used standardised measures. The scientific and ethical underpinnings of psychological testing and assessment are introduced providing a general context for the employment of standardised psychological tests. Emphasis will then be placed on familiarisation with i) the processes that practitioners go through during a testing session and ii) current research on employing the standardised tests presented in this unit. Students will practise with testing data, reporting results in compliance with American Psychological Association (APA) conventions.

**School** Psychology

**Discipline** Behavioural Science

**Student Contribution Band** HECS Band 4 10cp

Check your HECS Band contribution amount via the Fees ([https://www.westernsydney.edu.au/currentstudents/current\\_students/fees/](https://www.westernsydney.edu.au/currentstudents/current_students/fees/)) page.

**Level** Undergraduate Level 4 subject

## Restrictions

Students must be enrolled in programs 1796 Graduate Diploma of Psychology, 1865 Bachelor of Psychology (Honours), 1860 Bachelor of Psychological Studies (Honours), 1905 Bachelor of Psychological Science (Honours), 1504 Bachelor of Arts (Psychology) Honours, or 1500/1834 Bachelor of Psychology. Students enrolled in 1500/1834 Bachelor of Psychology must have successfully completed 240 credit points.

## Learning Outcomes

On successful completion of this subject, students should be able to:

1. Explain commonly used psychological assessment instruments, their theoretical foundations and make basic interpretations of results.
2. Analyse and evaluate the underlying theoretical principles for the treatment of common mental disorders such as anxiety disorders and depression.
3. Apply cognitive and behavioural theory-based interventions for common mental health problems such as anxiety and depression.
4. Effectively communicate in writing the results of a psychological assessment using formal report structure.

5. Effectively present the results of a psychological assessment in different contexts, including cross-disciplinary team settings.

## Subject Content

Principles of assessment  
 Norm-referenced tests  
 Evaluating results  
 Communicating results  
 Clinical assessments  
 Assessment guided intervention  
 Symptom management  
 Cognitive interventions  
 Behavioural interventions

## Assessment

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/ Group Task
Report	1500 words	40	N	Individual
Presentation	10 minutes	20	N	Individual
Final Exam	2 hours	40	N	Individual

Teaching Periods

## Spring Bankstown

### Day

**Subject Contact** Quincy Wong ([https://directory.westernsydney.edu.au/search/name/Quincy Wong/](https://directory.westernsydney.edu.au/search/name/Quincy%20Wong/))

View timetable ([https://classregistration.westernsydney.edu.au/even/timetable/?subject\\_code=BEHV4005\\_22-SPR\\_BA\\_D#subjects](https://classregistration.westernsydney.edu.au/even/timetable/?subject_code=BEHV4005_22-SPR_BA_D#subjects))

## Penrith (Kingswood)

### Day

**Subject Contact** Quincy Wong ([https://directory.westernsydney.edu.au/search/name/Quincy Wong/](https://directory.westernsydney.edu.au/search/name/Quincy%20Wong/))

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## Parramatta - Victoria Rd

### Day

**Subject Contact** Quincy Wong ([https://directory.westernsydney.edu.au/search/name/Quincy Wong/](https://directory.westernsydney.edu.au/search/name/Quincy%20Wong/))

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