# BEHV 3002 ABNORMAL PSYCHOLOGY

**Credit Points 10** 

Legacy Code 101681

Coordinator Kiley Seymour (https://directory.westernsydney.edu.au/search/name/Kiley Seymour/)

Description Abnormal Psychology is the study of behaviours that cause distress or dysfunction or are judged as deviant within the individual's culture. This subject examines definitions of abnormality, ways of assessing and diagnosing abnormality, theories of the causation of psychological abnormality and treatments for recognized psychological disorders. Diagnostic criteria from the latest edition of the Diagnostic and Statistical Manual of Mental Disorders are applied to illustrative cases with emphasis on contemporary Australian research and theory. The development of integrated models of abnormality, including biological, psychological and social factors, is a significant theme of the subject.

School Psychology

Discipline Behavioural Science

Student Contribution Band HECS Band 4 10cp

Check your HECS Band contribution amount via the Fees (https://www.westernsydney.edu.au/currentstudents/current\_students/fees/) page.

Level Undergraduate Level 3 subject

Pre-requisite(s) BEHV 1016 AND BEHV 1018

**Equivalent Subjects** BEHV 3001 - Abnormal Behaviour and Psychological Testing

Incompatible Subjects BEHV 3003 - Abnormal Psychology (online)

#### Restrictions

Note that only students enrolled at WSU Online may register in the WSU Online subjects offered at that location.

#### **Assumed Knowledge**

A basic understanding of core concepts of personality, social and developmental psychology.

# **Learning Outcomes**

- 1. Distinguish features of contemporary theories of abnormality within the major paradigms, and examine relationships between causal theory, diagnostic criteria and approaches to the treatment of abnormal behaviour (APAC Graduate Attribute 1.1, 1.iii, 1.1iv, 1.1viii, 1.3).
- Analyse theories of abnormal psychology in cultural contexts, including from Indigenous Australian perspectives. (APAC GA 1.1iii, 1.1xi, 1.2, 1.4).
- 3. Apply diagnostic criteria to case material and research methodologies to discern the aetiology, course, and treatment of abnormality (APAC GA 1.1 1.1ii, 1.1iv, 1.1viii, 1.1xii, 1.3).
- Demonstrate skills in the critical evaluation of empirical reports and case studies through literature searches and reviews (APAC GA 1.1xii, 1.3, 1.6).

 Demonstrate skills in communicating findings from research and case presentations, including interprofessional perspectives (APAC GA, 1.3, 1.5, 1.6).

## **Subject Content**

- 1. Definitions, history and scope of abnormal psychology; psychodynamic, cognitive-behavioural, existential-humanistic and systems approaches to causation and treatment of abnormality;
- 2. Goals and ethics of counselling/therapy; the clinical assessment interview; diagnostic classification systems; a detailed analysis of DSM-5:
- 3. The impact of culture, gender and developmental stage on diagnosis and treatment; a bio-psycho-social model;
- 4. Stress, trauma and coping: vulnerability and reactions to stress across the lifespan; psychological factors affecting physical health, psychophysiological and somatic symptom disorders; adjustment disorders; dissociative disorders;
- 5. Anxiety disorders: diagnosis, aetiology and treatment from an integrated bio-psycho-social perspective;
- Developmental and Cognitive disorders: with emphasis on pervasive developmental disorders and cognitive disorders of adulthood;
- 7. Eating disorders
- 8. Substance use disorders;
- 9. Psychotic disorders
- 10. Mood disorders: major depressive disorder; bipolar disorder; the depression-suicide link;
- 11. Sexual variations and disorders: the continuum of human sexuality and problems of identifying and treating sexual disorders;
- 12. Personality disorders: definitional problems and classification; Borderline personality disorder;

## **Assessment**

The following table summarises the standard assessment tasks for this subject. Please note this is a guide only. Assessment tasks are regularly updated, where there is a difference your Learning Guide takes precedence.

Item	Length	Percent	Threshold	Individual/ Group Task
Case Study	2000 words	40	N	Individual
Reflection	600 words	30	N	Individual
Final Exam	1.5 hours	30	N	Individual

#### **Prescribed Texts**

- There is no hardcopy prescribed text for this subject. However, an electronic ebook is available to purchase at a reduced rate to students, details are on the vUWS site. This ebook is adapted from Rieger, E. (2017). Abnormal psychology: leading researcher perspectives (4th ed.). North Ryde, Australia: McGraw-Hill education.
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**Teaching Periods** 

## **Summer A**

### **Bankstown**

#### Day

**Subject Contact** Emma Walter (https://directory.westernsydney.edu.au/search/name/Emma Walter/)

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject\_code=BEHV3002\_22-SUA\_BA\_D#subjects)

## **WSU Online TRI-1**

#### **Wsu Online**

#### **Online**

Subject Contact Matthew Kelly (https:// directory.westernsydney.edu.au/search/name/Matthew Kelly/)

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject\_code=BEHV3002\_22-OT1\_OW\_0#subjects)

# **Spring**

## **Bankstown**

#### Day

Subject Contact Kiley Seymour (https:// directory.westernsydney.edu.au/search/name/Kiley Seymour/)

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject\_code=BEHV3002\_22-SPR\_BA\_D#subjects)

## Penrith (Kingswood)

#### Day

Subject Contact Kiley Seymour (https://directory.westernsydney.edu.au/search/name/Kiley Seymour/)

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject\_code=BEHV3002\_22-SPR\_KW\_D#subjects)

#### Parramatta - Victoria Rd

#### Day

Subject Contact Kiley Seymour (https:// directory.westernsydney.edu.au/search/name/Kiley Seymour/)

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject\_code=BEHV3002\_22-SPR\_PS\_D#subjects)

# **WSU Online TRI-3**

#### **Wsu Online**

#### Online

Subject Contact David-Jack Fletcher (https://directory.westernsydney.edu.au/search/name/David-Jack Fletcher/)

View timetable (https://classregistration.westernsydney.edu.au/even/timetable/?subject\_code=BEHV3002\_22-OT3\_0W\_0#subjects)